

SIT January 4th 2016

Notes

SIT members: Present. Kaitlyn C., Jillian C., Paige D., Stephanie D., Karen F., Helena G. Chris H., Olivia H., Judy I., Amanda L., Jay M., Joseph M., Beth P., Allie P., Avery P. , Tricia S., Matt S., Marie S., Absent: Anabella R. and Joyce S.

Guest: Mr. M. Bongino, Director of Health, Physical Education and Athletics

Next SIT meeting 2:40 2/1/2016 - High school conference room

Attendance was taken – Meeting started at 2:50 PM

- Minutes from the December 2015 were reviewed and updated
- Mr. Bongino spoke to the team
 - The Fitness/Wellness Center is still a possibility
 - The Sports Booster is continually fund raising for the project.
 - The district can most definitely use a Fitness/Wellness Center.
 - The facility would be used not only for sports, but also for physical education classes
 - A few plans have been drawn up to illustrate various possibilities of what can be build depending on the amount of money that is raised
 - Weight Room
 - The weight room is open after school 3 days per week, all year round and during the summer.
 - Any student can attend the weight room regardless if the student plays a sport or not
 - During the summer there is a specific time for the Football team to exclusivity use the space
 - There is a winter crew weight room time exclusively for them also
 - The Athletics department has already received donations of new equipment to make a facelift to the weight room. This equipment will go in the current space if the weight room does not get built.
 - Mr. Bongino meet with a strength trainer and the trainer will be sending a plan to rework the room to better assist the students in strength training.
 - Question: Can the weight room be list in the activities book next year
 - Yes this can be done
 - Also the building will put up big posters to inform students that anyone can attend the weight room.

- Also add more announcements to the morning announcements of what is going on with sports
 - All sports information are emailed to everyone many, many times, also located on the school paper and digital calendars, mentioned during physical education classes and more.
 - Question: Is there girl only time to use the weight room?
 - The answer is no. Anyone can attend during the open sessions.
 - The new style of fitness training allows for better and more directed training of muscles.
 - Less physical equipment is needed for this style if training.
 - Mr. Matuk suggested that CPC become an important component in the building of the facility. This allows for more groups to have a say in the construction of the facility.
 - Strength and conditioning needs to continually be part of all the students' life and is a part of physical education classes.
 - Question: Can there be an after school dance like program?
 - Mr. Bongino will look into it
 - It is a cost item
 - Space item (possible use of café location)
 - Staffing issue
 - The current Fitness center is very small
 - Mr. Bongino is hopeful for the new Fitness/Wellness Center to contain;
 - Full cardio center
 - An erg area
 - 3-4 teams to fit in the location
 - A free weight room
 - A full classroom
 - Team room (film and half time location)
 - A location for the hall / wall of fame
- We currently have 116 sport teams this year
 - Over 60 percent of the students participate in athletics during each season
 - Many Jr High teams do not cut. When cuts do occur, it is due to safety and ability to carry the number of students.
 - If a Jr. High student is cut from a team they can join a no cut team immediately after the cut.
 - The state of New York sets which and when sports run in each season, not the district.
 - Students can also participate in sports by keeping the score book, run the chains, becoming a manager etc.. These students can even earn community service for their efforts.
 - 11th graders according to the state rules can play JV sports.
 - Sports work towards
 - Character
 - Commitment
 - Competition
- The busses – Question: Can practices end closes to late bus departure times?
 - Most do end with time to catch a late bus. Winter is the hardest season for practice/competitions due to very limited floor space.

- Varsity teams will practice until they are done, regardless of the bus schedule
 - Mr. Bongino will stress with coaches to end at a time when the athletes can catch the late buses.
 - The SIT thanked Mr. Bongino for his time and detailed answers
 - Mr. Bongino left for greener pastures
- Other topics
 - 7/8th peer mentor program
 - BOE is reviewing the program for possible creation
 - The evaluation of clubs is reviewed by the administration
 - Attendance, student officers and activates are reviewed throughout the school year.
 - A club fair / forum for the incoming 7th grade orientation will occur at the parent back to school night.
 - A suggestion of having a club presentation the beautification program was suggested
 - Currently clubs are introduced to all 7th graders at the many events the students are part of in the orientation program (At school visits, Visits to the elementary buildings, orientations and others. At the times upper-class students discuss the clubs and how they operate)
 - Open up clubs to 6th graders - hard due to times school end and bussing
 - Class Olympics
 - Ms. Segura meet with Ms. Grossman and a subcommittee on the topic
 - Ms. Segura is working on the program (At night in March is the time of the event)
 - Goals are
 - Getting more students involved in school spirit events
 - Getting total support by all students in the building for the event
 - The building will look to tweak this year's program
 - The Building may make next year's Olympics a ½ daylong event during the school day
 - In the past the Class Olympics was run at night.
 - The use of a form to get students to sign up for particular events may be used this year
 - It would be great that every student participate in an event
 - The building would not force students to participate in events
 - “Disney World is magical just being there” - Ms. Ferradino
 - Field trips / Grade level activities (Mr. Matuk)
 - Trips activates run so everyone has a unifying experience
 - Trips need to have an education component for the class/course. Not all teachers feel the same for all trips. Some feel that class time is most important. All trips must have administrative support. Planning, cost and more are needed to run a successful trip.
 - Junior Class Parking
 - Over 50% of Nassau schools do not permit driving to school. Many of them do not allow students to leave during the school day.
 - There is a dangerous aspect to students leaving the campus
 - Safety trumps all

- The seniors have been respectful of the driving privileges and have been very safe
- Secret Santa/ Locker decorations – are some students feeling left out?
 - Student comments on the topic- Secret Santa is a friend thing
 - Locker party/decorations – sports and friends and others do this. A club for this would remove the charm of what goes on.
 - Carnation sales on special days – Students receive them as a fund raiser. Student Members of SIT did not feel it was an issue.
- Times for students to shine
 - What does it mean to shine
 - Can the school set boundaries and regulate the amount of times a student can participate in programs.
 - Expand the opportunities that exist for more students to participate
 - We will look at the current programs and how students are elected/made part of the program.
 - Students mentioned that some students join clubs for their college resume.
 - Discussion occurred and will be picked up at the next meeting
- Meeting ended at 4:26 PM
- Submitted By Joe Monastero SIT secretary